





	January	February	March	April	May	June	July	August	September	October	November	December
Saturday				1			1 Smalley 5 Bells					
Sunday	1 Hollybush 3k			2			2			1		
Monday	2			3	1		3			2		
Tuesday	3			4	2		4	1 Parwich 8.5k		3		
Wednesday	4 Track Training	1 Track Training	1 Track Training	5 Darley Training	3 Darley Training		5 Darley Training	2 Piggs 10k [Provis]		4 Track Training	1 Track Training	
Thursday	5	2	2	6	4	1	6	3		5	2	
Friday	6 Club Night	3 Club Night	3 Club Night	7 Club Night	5 Club Night	2 Club Night	7 Club Night	4 Club Night	1 Club Night	6 Club Night	3 Club Night	1 Club Night
Saturday	7	4	4	8	6	3	8	5	2	7 Curbar Commotion 16k	4	2
Sunday	8 Anslow XC	5	5	9	7 Sinfin 5m	4 Ramathon Half / 5m	9	6	3 Wilne 10k Exterminator 26k	8 STRIDERS 10K	5	3
Monday	9	6	6	10	8	5	10	7	4	9	6	4
Tuesday	10	7	7	11	9	6	11	8	5	10	7	5
Wednesday	11 Track Training	8 Track Training	8 Track Training	12 Darley Training	10 Darley Training	7 Darley Training	12 Darley Training	9 Darley Training	6 Darley Training	11 Track Training	8 Track Training	6 Track Training
Thursday	12	9	9	13	11	8	13 Black Rocks 9k	10	7	12	9	7
Friday	13	10 Presentation Night	10	14	12	9	14 Tara Kinder 10k	11 Hob's Hurst 8k	8	13	10	8
Saturday	14 PR Alvaston	PR Alvaston	11 PR Alvaston	15 PR Alvaston	13 PR Alvaston	10 PR Alvaston	15 PR Alvaston	12 PR Alvaston	9 PR Alvaston	14 PR Alvaston	11 PR Alvaston	9 PR Alvaston
		11 Winter Half Tour of Bradwell 28k										
Sunday	15	12 Shipley XC	12 Foremarke XC	16	14 Carsington 7+	11	16 Brookies Bash 16k	13 Solihull Running Festival 10k/Half	10 Lichfield 10k	15	12 Roaches 24k / Leg it Routh Lathkill 12k	10 Bolsover 10k [Provis]
Monday	16	13	13	17	15	12	17	14	11	16	13	11
Tuesday	17	14	14	18	16	13	18	15	12	17	14	12
Wednesday	18 Track Training	15 Track Training	15 Track Training	19 Darley Training	17 Darley Training	14 Darley Training	19 Darley Training	16 Darley Training	13 Darley Training	18 Track Training	15 Track Training	13 Track Training
Thursday	19	16	16	20	18 Parks Life 7k	15	20	17	14	19	16	14
Friday	20 Club Night	17 Club Night	17 Club Night	21 Club Night	19 Club Night	16 Club Night	21 Club Night	18 Club Night	15 Club Night	20 Club Night	17 Club Night	15 Club Night
Saturday	21	18	18	22	20	17	22	19	16	21	18	16
Sunday	22	19	19	23 Kinder Downfall 15k	21 B'ham Running Festival 5k/10k/Half	18	23	20	17	22	19	17 Derby 10 Mile
Monday	23	20	20	24	22	19	24	21	18	23	20	18
Tuesday	24	21	21	25	23	20	25 Riber 7k	22 EVRC 4m	19	24	21	19
Wednesday	25 Track Training	22 Track Training	22 Track Training	26 Darley Training	24 Darley Training	21 Darley Training	26 Darley Training	23 Darley Training	20 Darley Training	25 Track Training	22 Track Training	20 Track Training
Thursday	26	23	23	27	25	22	27	24	21	26	23	21
Friday	27	24	24	28	26	23	28	25	22	27	24	22
Saturday	28 PR Tourist	25 PR Tourist	25 PR Tourist	29 PR Tourist	27 PR Tourist	24 Nomad Relays	29 PR Tourist	26 PR Tourist	23 PR Tourist	28 PR Tourist	25 PR Tourist	23 PR Tourist
Sunday	29 Allestree XC	26 Leics Half	26 Derby 10k / Ashby 20m	30	28	25	30	27	24	29 Worksop Half	26	24
Monday	30	27	27	31	29	26	31	28	25	30	27	25
Tuesday	31	28	28	30	27	24	31	29	26	31	28	26 FURNACE INN
Wednesday			29 Track Training		31 Darley Training	28 Darley Training		30 Darley Training	27 Darley Training		29 Track Training	27
Thursday			30			29		31	28		30	28
Friday			31			30 Weaver Hills 3.5k			29			29
Saturday									30			30
Sunday												31

 Headbanger Championship
 Park Run Championship and Tourist
 Road Championship
 XC Championship

 Other Club Event
 Club Night
 Club Training Day