



## Bagworth Heath XC 2020

**PLEASE CAR SHARE - 3 PEOPLE PLUS PER CAR ARE REQUIRED TO GAIN ACCESS TO THE CAR PARK- PARKING IS VERY LIMITED**

**Derby Runner XC League Bagworth Heath  
Sunday February 16th 2020**

**Junior race 10.15am** one or two laps of field depending on age - 1 & 2 Miles  
**Adult race 11am** (note-all runners will start together-no split start for this race)

**Location:** Bagworth Heath Woods, Heath Road, Bagworth, Coalville, LE67 1DL.

**Directions:** From Thornton or Merry Lees, take signs to Bagworth, then Bagworth Heath Woods.

**\*\*PLEASE NOTE THIS YEAR DESFORD STRIDERS WILL NOT BE SELLING TEA , COFFEE AND CAKE AT BAGWORTH HEATH, CLUBS ARE MORE THAN WELCOME TO BRING THEIR OWN - BUT PLEASE TAKE AWAY YOUR RUBBISH\*\***

**Course:** On Thornton side of the Heath.

Approx 6 miles; comprising of two long laps; testing hill ; woodland and grassland tracks; approx 150m of compacted gravel over tarmac bridle path on both laps. Note the route has some very slippery sections.

**Footwear:** Spikes, or 'off-road' shoes would be suitable. Note – there are some sections of gravel track.

**After : Results, Toilets, showers and changing, tea and coffee:** SiD, Peckleton Lane, Desford LE9 9JU.  
Approx. 3 miles from race

Contact: Andy Ball, Race Co-Ordinator, 07883 907850

**All runners enter at their own risk. The organisers will in no way be held responsible for any loss or damage to property or for any injury incurred**

**POWERED BY**

