

# Join us in celebrating our partnership with DW Fitness First!

An evening with  
World and European Medallist  
**Jenny Meadows**

**Wednesday**  
**19th September 2018**

7:00pm-9:00pm

**DW Sports Fitness**

Pride Park, Derby DE24 8BW

**Included on the night:**

- Insight into Jenny Meadows' career and training and Q&A.
- Short session on Strength and Conditioning for Runners, led by Jenny
- Tour of the Store and Gym, special promotions and discounts on the night
- Information on exclusive offers for England Athletics & RunTogether members
- Free goody bag

**Cost: Free, but please book to secure your place**

Book your space today: [www.englandathletics.org/DWevents](http://www.englandathletics.org/DWevents)

