

Headbanger Schedule 2019

No	Date	Event and Location	Distance and Classification	"G" GPS allowed. "NG", no GPS	Points	Comments
1	Jan 1 st	Hollybush Inn Mackney	3k/70m	N/A	50	
2	Jan 27 th	Tigger Tor	BM 15.5k/514m	NG	50	
3	3 rd Feb	Brooksie Winter Bash	TBC, 16k	G	50	Self navigation around the route.
4	14 th April	Peats pit 1	BS 4.7k/106m	G	50	
5	28 th April	Kinder Downfall	BM, 15.4k/600m	NG	50	Pre-entry from 1 st Feb
6	11 th May	Cressbrook Crawl	BM, 10.5k/350m	G	50	
7	27 th May	Shutlingsloe	AS, 3k/270m	G	50	
8	7 th June	Castleton Fell Race	BM, 10.8k/458m	NG	50	
9	6 th July	Warslow Beer Festival	BS, 10k/600m	G	50	
10	11 th July	Black Rocks	BS, 9k/250m	?	50	Event TBC
11	21 st July	Holme Moss	AL, 28.5k/1315m	NG	50	
12	1 st Aug	Bluebell 2	BS, 6.6k/136m	G	50	
13	6 th Aug	Parwich Panoramic 5	CS, 8.5k/200m	NG	50	
14	16 th Aug	Hob Hurst's Fell Race	BS, 8k/256m	G	50	
15	22 nd Aug	Pilsley Fell Race	BS, 9.8k/245m	G	50	
16	22 nd Sept	Ilam National Trust Fell Race	AS, 7.5k/353m	NG	50	English Championship Race, enter early.
17	28 th Sept	Fell and Back	BM, 19.6k/730m	G	50	
18	20 th Oct	Wirksworth Undulator	BM, 13.5k/384m	G	50	
19	4 th Nov	Dovedale Dash	7.4k/160m	N/A	50	
20a	10 th Nov	Roaches Fell Race	BL, 24.1k/1128m	G	50	
20b	10 th Nov	Leg it round Lathkil	BM, 11.5k/290m	G	50	
21	8th Dec	Litton Christmas cracker	BM, 12.2k/360m	NG	50	
22	Any	Orienteering Event. Only 1 event to count	See note below. Your choice of event.		50	DVO Green and above, Kong Events, MM 2 day event, other navigation.

- There is only 1 League within the Headbanger Championships.
- To receive points, Striders must be club members with either UKA or FRA membership at the time of the event.
- The total score will be the sum of your **six** best scores. But competitors must complete a **minimum of 3** events to get a final league place. There will also be FV40, MV40, FV50, MV50, FV60, MV60 prizes this year.
- If any later events clash with a Club Preferred cross country League event, then the cross country event will become the Headbanger, with exception of the Dovedale Dash.
- The Orienteering Event is any DVO (Minimum Green course), Kong or similar, it **MUST** involve navigation by the use of map and compass, if not DVO orienteering, then a minimum of 2 hour event, only 1 event to count.
- The competitor(s) completing the most events will receive an additional point.
- In the event of a tie, the winner will be the person who has beaten the other Strider the most times.
- If an event cancelled, the following will occur.
 - If rescheduled in the same year it will still count, if the following year it won't be included.
 - If pre entry, then all entrants will get the same points (if entered at the time of cancelation).
- The FRA have clarified certain [rules](#) regarding essential equipment and navigation. For AL, AM and BL events, you **MUST** have full kit etc. For all other events this is recommended, but it is at the discretion of the organiser, see the race organiser's website for requirements. This is for your safety!
- The rules and a useful leaflet on Hypothermia are [here](#) and copies will be available on the Strider website.
- ENJOY them!