

Derby Runner X/C Series Race No 2



Organised by Hermitage Harriers R.C.



SUNDAY 18th. November 2018

Holly Hayes Wood, Whitwick, Leics

Staged with the kind permission of Friends of Holly Hayes Wood

PERMIT No. MCAA /075/ 2018

Same Venue as 2017

NEAREST CAR PARKING is at Midland Quarry Products, Leicester Rd. near the northernmost extremity of the course (you run past this in the Hermitage 10K). **PLEASE FILL THIS CAR PARK FIRST.**

Other car parks: King Edward VII College/Castle Rock High School - off both Meadow Lane and Warren Hills Rd. Use LE67 4BR on Sat Nav and Forest Rock Offices, top of Meadow Lane. Additional street parking along Meadow Lane.

In light of increasing numbers, 3 people minimum in a car please.

Please allow 10-15 minutes walk to the start/finish area from car parking areas.

Thereafter several roads also border the woods/course with direct footpaths leading from Abbots Oak Dr, Rosslyn Rd, Holly Hayes Rd, St. Bernard's Rd, Leicester Rd. Not an official endorsementjust telling you what these roads are called. IF you park on these or Rosemary Cres, Peterfield Rd & Tressell Rd then please do NOT block drives or cause inconvenience to residents. **DO NOT PARK on Hayes Close**

Grid ref for X/C course (not the car parking) is SK443 154

Tent Area next to swings on Hilary Crescent - a 5 minute walk from the Pub/Results.
Please only drop tents off here. DO NOT PARK (Paramedics park and need access).

No Toilets available.

Start Times: Juniors 10:25 am Adults: Ladies 11:00 am, Men 11:05 **ALLOW 10 MINS TO WALK TO START. ALL ASSEMBLE BEFORE 11 FOR BRIEFING PLEASE, AS LADIES WILL NEED THE ACCESS TO START AREA FULLY CLEAR ON THEIR RUN**

Junior Entry £2, Adults £5 (includes a £1 fee per Adult runner to Holly Hayes Wood allowing use of course)

Course details/footwear: 80 metres of tarmac per lap (Adults), some slightly gravelled paths – otherwise grass, and woodland: TREE ROOTS/TRUNKS, VOLCANIC ROCK (not active), mud and trail and 5 brook crossing in total for adults.

Junior: Under 10's 1 lap woodland trail (approx. 1 mile), Under 16's 2 laps. Loop start/finish shown here:

<http://www.fetcheveryone.com/route-1795444>

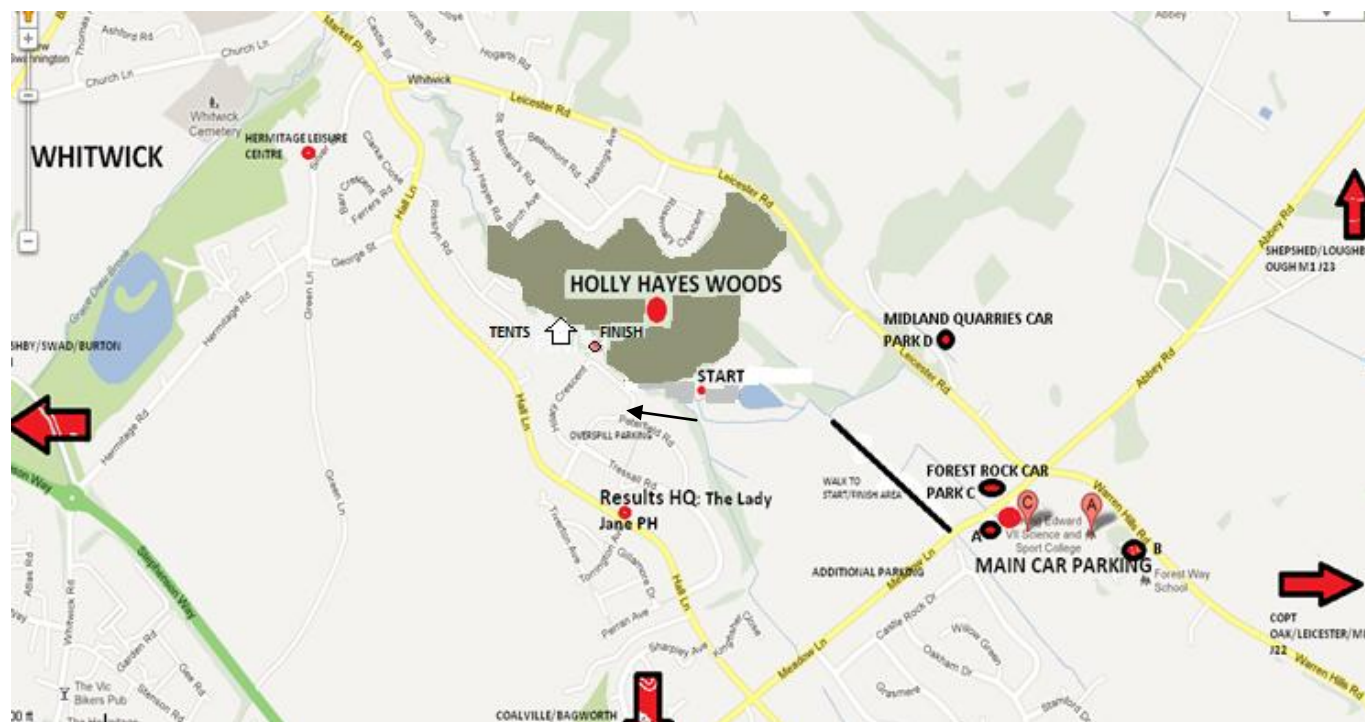
Adults (approx. 6 miles) –2 large rolling woodland/trail/grass laps described/shown.
<http://www.fetcheveryone.com/route-1795443>

Post race event: The Lady Jane Pub, Hall Lane, Whitwick (only park here if Team Managers staying for results)

Contact: Paul Gregory 07779 319179 or Andy Buck 07950 397021

Please note the following:

- **Course will be marshalled/pegged/posted – please keep to this**
- **This is public woodland/grassland – please be courteous to the general public**
- **Please take all litter home with you**



Midland Quarry Products Car Park D on Leicester Rd (near top of woods/XC course) – you run past this in the Hermitage 10K. **NEAREST TO RACE/FILL THIS FIRST PLEASE:**



Entrance to Woods/Course on Leicester Road from car Park D:



Car Park A Entrance at Castle Rock School/King Edward VII College on Meadow Lane:



Additional King Edward VII Car Park B off Warren Hills Road:



Forest Rock Offices Car Park C (opposite school bus park) at top of Meadow Lane – on the crossroads you run past in the Hermitage 10K:



Entrance to X/C course on Meadow Lane from Car Parks A-C:



Tent-drop ONLY & Tent Area, Hilary Crescent:

