

Shelton Striders 10k Sunday 4 October 2015. 9:45 am Race Directors' Prize Presentation List

Category	Place	Time	Name	Club	RaceNo
<b>Men</b>					
First 3 Men	1	0:34:17	HARDING, Andy	Unattached	39
	2	0:34:23	PEARCH, Sam	Shelton Striders	361
	3	0:34:46	TOONE, Ed	Charnwood AC	324
M40-44	1	0:35:36	GRAND, Roger	Trentham RC	35
M45-49	1	0:38:37	REALEY, Neil	Unattached	290
M50-54	1	0:35:37	BENTLY, Rob	Wessex Road Runners	15
M55-59	1	0:39:47	GUNSTONE, Chris	South Derbyshire Road Runners	52
M60+	1	0:49:21	WARDLE, Steve	Heanor Running Club	246
<b>Women</b>					
First 3 Women	1	0:37:09	AULT, Emily	Barrow Runners	369
	2	0:37:24	PALMER-BLOUNT, Lisa	Heanor Running Club	240
	3	0:37:47	VERNON, Mandy	Trentham RC	16
F35-39	1	0:43:54	ORMOND, Amanda	Shelton Striders	321
F40-44	1	0:39:28	DAVIES, Amanda	Cheadle RC	403
F45-49	1	0:39:04	INSLEY, Louise	Heanor Running Club	159
F50-54	1	0:41:40	BURKE, Jill	Heanor Running Club	64
F55+	1	0:47:57	FISHER, Rita	Heanor Running Club	243